



Tuesday, Wednesday, and Thursday Meals Winter Term

This is not an order form

Please select which food program(s) you want for your child(ren) using the order form sent by the office. Meals include a main (listed), a simple side, and 250ml white/chocolate milk or juice. Payment can be made in full by cheque or electronic funds transfer(EFT) to the office using the password CCA2023. NEW - Tuesdays to Thursdays are considered a group. Individuals can no longer pick and choose individual meals on Tuesday - Thursday.

Every Monday is pepperoni pizza. Every Friday is a turkey sub from Subway (lettuce, cucumber, and mayo on the side). The meals for Tuesdays, Wednesdays, and Thursdays are below.

The price for all meals is \$ 5 each/per day, and the Family Plan is \$15/per day.

Date	Meal	Date	Meal
January		January	
9	Turkey and Rice Bake (with stuffing)	10	Baked Burrito -beef and cheddar
11	Pork Souvlaki Skewer	16	Mac and Cheese with ham
17	Rice Pilaf – broccoli and chicken	18	Marinara Meatballs
23	Loaded Nachos	24	Bacon Cheeseburger
25	Cod Nuggets	30	Mediterranean Chicken
31	Frittata (spinach, feta)	Feb 1	Chicken Stir Fry
February		February	
6	Philly-cheese style hoagie roll	7	Chipotle Chicken Burrito Bowl
8	Breakfast Hash brown Casserole	13	Toasted Tuna Salad
14	Butter Chicken	15	Potato Bacon Cheddar Soup
20	Turkey and Rice Bake (with stuffing)	21	Baked Burrito -beef and cheddar
22	Pork Souvlaki Skewer	27	Mac and Cheese with ham
28	Ski Day – No School Day	29	Marinara Meatballs
March		March	
5	Rice Pilaf – broccoli and chicken	6	Bacon Cheeseburger
7	Loaded Nachos	19	Mediterranean Chicken
20	Cod Nuggets	21	Chicken Stir Fry
26	Frittata (spinach, feta)	27	Chipotle Chicken Burrito Bowl
28	Philly-cheese style hoagie roll	29	Good Friday – No School Day

Unfortunately, we cannot accommodate food preferences, sensitivities, or allergies