



October 2023

The other day, I drove by a field of sunflowers. I had one of those moments when something struck me as really meaningful. I noticed that the sunflower's head was turned toward the setting sun as if each flower was drinking in the last bit of light before they would sleep. I figured there must be some internal rhythm in the plant that follows the sun, and I was amazed at the brilliance and creativity of their maker.

I continued to reflect on these thoughts, and I realized that I, too have an internal tracking system that helps me to follow the SON, Jesus! Those of us who know Jesus know that we have His Holy Spirit in us, as a deposit until he comes back. The Holy Spirit is what prompts our internal rhythms, thoughts, and movements to follow the Son. Like a sunflower, we must "follow the son" if we want to grow.

Did you know that at night, sunflowers always face east? They do this because they are always anticipating the return of the sun in the morning. When sunflowers are old and no longer able to move, they face the east, where they can drink in the sun in their final days. As Christians, we too can expect the return of the Son and position ourselves to be ready. Sunflowers grow through a process called photosynthesis, and as Christians we grow through spending time in the warmth, and light of Jesus as our **Sonshine**.

Interestingly, the Sunday following that drive, the preacher at my church spoke from Ephesians 5, about light. He shared about the many benefits of light. It is nearly impossible to live without light. Light is safety, warmth, transparency, truth, and freedom. The Bible speaks of light as goodness, wisdom, hope and knowledge. The best part is that even the tiniest little light dispels darkness. Light is always good and completely necessary to live.

God's word, the Bible, is a light to our feet and a lamp to our path. Following this light or following the Son by walking with Jesus is safe, healthy and satisfying. Jesus exposes and chases away the darkness - he is the light. I hope you are compelled to follow the Son. I will pray that this year will be a photosynthesis year for you "transforming and storing up energy" and a year of growth as together, we follow the Son - Jesus Christ.

Blessings,  
Sylvia Bourne



## 2022/2023 Yearbooks have arrived!

If you preordered a yearbook, it has been sent home already. If you did not order one...It's NOT too late! We have extras. Email the office & you can buy one for \$40. This is a *GREAT* way for new families to see what a year looks like at CCA (understand all the different fun days, field trips, traditions, and events we have at CCA) and to put a face to many of the names in your child's class. This includes photos for all CCA kids; from the cute little Kinders all the way up the Grade 8 Grads. Don't miss out! *Get* your yearbook today!

## After School Program

CCA offers an after school program Monday - Friday. This program offers parents the opportunity of a later pick-up time for their child, while providing a fun environment, and social atmosphere that children look forward to. The program runs until 5 pm at a cost of \$8 per child per day or \$15 for a family. Children who are not picked up by 3:45 pm will be put in the After School Program and billed at the end of the month.

## Assemblies

Bi-weekly assemblies are a highlight at CCA. Students are encouraged to share a joke, song, skit or talent. We believe this builds confidence in the students and affirms their unique gifts and talents. Parents are always welcome to join us for the assemblies.

Wednesday, October 4<sup>th</sup>, at 2:00 pm - Regular Assembly

Wednesday, October 11<sup>th</sup>, at 9:30 am - Fire Prevention Assembly

Wednesday, October 18<sup>th</sup>, at 2:00 pm - Regular Assembly



## Back to School Fun

It's been so refreshing so to see so many new faces and watch as returning students help them feel welcome in the CCA community. It was so nice to see so many at the annual "Back to School Fall Fair". Thank you to everyone for coming out. Thanks to everyone that brought cakes and to Tim Hortons, Carleton Place for donating coffee and hot chocolate. It was such a nice night, we feel blessed to have such a great community.

## Calendars and Events

It is easy to stay organized by subscribing to CCA's online calendar at [calvaryca.com](http://calvaryca.com) ("events tab"). Please continue to check our online events calendar for important dates. The 2023-2024 school calendar can be downloaded from our website too.

## Dress Down Days

The third Friday of each month will be a dress down day for \$2. Funds collected will be directed to a local cause.

Friday, October 20 - Dress Down Day



## **CCHS Update**

CCHS is happy to welcome 27 new students to our growing high school. Our group of students are an amazing group that are together each day for academics, discipleship, friendship, and fun. Below are a few updates.

### CCHS Trip Fundraiser

CCHS seniors have an amazing opportunity this year that we are hoping will be a bi-annual senior event. We are planning a trip to ISRAEL over the March Break, 2024! Over a ten-day span, we will visit the Mediterranean Sea, Nazareth, the Sea of Galilee, Jerusalem, the Dead Sea, and the Red Sea. The goal of the trip is to solidify their faith with a very visceral experience in the land where Jesus lived. We will be running some fundraisers over the course of the year to help with the cost of the trip. Our first one was selling yummy, homemade apple crisp just in time for Thanksgiving. If you feel led to donate to this trip you can e-transfer the office with a clear indication that this is for the Israel fundraiser. Thank you so much! Our plan is to proceed with the trip unless the Canadian government deems Israel to be unsafe. If that is the case and the trip is cancelled, the funds will be put toward another faith-building event (TBD).

### CCHS Sports

#### *CCHS Turkey Bowl*

The annual and epic Turkey Bowl flag football tournament will take place on Friday, October 6th.

#### *CCHS Cross Country Running*

The CCHS Cross Country Running team is training for the Ontario Christian School Championships in Cambridge, Ontario on Tuesday, October 10. We are excited for our athletes as they represent CCHS for the first time in this event.

#### *CCHS Varsity Boys Volleyball*

The CCHS Boys varsity team went up to Renfrew last month to compete in their annual invitational. The boys went 6-0 taking home the championship. A special mention to Coach Cooper on your first championship as a coach. These boys are on mission - to glorify God through sport and to win our third consecutive provincial medal in November.



### **Field Trips**

Due to a severe shortage of bus availability, field trips are increasingly difficult to plan. We are doing our best to schedule field trips that are complementary to the curriculum and enhance the learning journey. More information about trips are confirmed and will be posted on the online calendar.

If you have not yet handed in your Blanket Permission Form, please do so.



## Fundraisers

### Grade 8 Pumpkin Fundraiser

Thank you to everyone who bought a Pumpkin already, you can still order yours by emailing [jsalisbury@calvaryca.com](mailto:jsalisbury@calvaryca.com) or contact a Grade 8 student. Funds from this will support of the Grade 8 Toronto trip.

### Ice Cream Bars

Calvary Christian High School will be selling and delivering Ice Cream bars every Friday. Orders and payment will be collected at lunchtime, in the classroom. Bars are nut-free and will cost \$1.50. Please send the exact change. (Popsicles are available for dairy-free kids).



Some have expressed an interest in pre-paying for their children's Friday ice cream/frozen treats. Between now and the Christmas break treats will be sold 8 times ( $8 \times 1.50 = \$12$ ). You can multiply \$12 by the number of children you are buying for.

Please note - **we can not provide refunds** if your child misses one of the days - for any reason. Payment also has to be **made in cash!** Sorry, no e-transfers.

## Holidays

No school on Thanksgiving Monday, October 9th - HAPPY THANKSGIVING!

## Lost and Found

There is already a growing pile of Lost and Found items on the front bench, just inside the front doors. Please feel free to pop in and check for your lost items. Items that are labelled, will be returned to students hooks. Items that are left for more than a month, are donated.

To help us return sweaters consider embroidering your family name on the left upper sleeve.

## Lunch Program

Our daily lunch program has begun, and the students seem to be enjoying the program as much as the parents. The kitchen is looking for volunteers to send in batches of rice krispie squares, cookies or brownies bi-weekly. Sign up through the office.

## Nut Free Facility

Please remember not to send in any foods that may contain even a trace of nuts, or foods manufactured in such a facility. Parents are required to read all labels. Our teachers will remove any foods that are suspicious. On this note, please remember to wash off any peanut butter residue from hands or faces before coming to school. "Life Threatening Allergies" policy is explained in the Parent Handbook.

## PD Days - Thursday October 26<sup>th</sup> and Friday October 27<sup>th</sup>

PD days are for the professional development of staff. This month there are two PD days for staff to travel to the Edvance Christian Schools Teacher Conference in Hamilton, ON.

## Operation Christmas Child

It's that time of year again for our annual **Operation Christmas Child Shoebox Drive!**

As we celebrate Thanksgiving in just a few weeks, let's express our gratitude for God's provision by providing a gift and gospel opportunity to a boy or girl in another part of the world. The Shoebox Drive will commence October 12th and wrap up November 8th.



## Parking Lot Safety

For the safety of everyone, please remember these parking lot "rules".

- At 3:30 do not line up in the loop until the bus has departed.
- Do not pass in the pick-up line.
- Never reverse in the parking lot, always park in a way that will allow you to drive forward.
- Try not line up onto the road, if necessary, take a parking spot and wait for a chance to get in the loop line or park on the side road (Irvine).
- At 3:30 parents are not permitted to pick up until the bus has departed. If you need to pick up early, you must pick up between 3:00 - 3:15 pm.
- Students are not allowed to walk through the parking lot, unless accompanied by a parent.

## Picture Day - Monday, October 16

Students are to bring or wear dress uniforms for Picture Day. Dress uniform consists of white top, and black bottoms (boys) or skirt/tunic (girls). High schoolers will also participate in picture day. Kindergarten will be first in the order of pictures, ending with high school. If you do not want your child wearing their white shirt all day, please be sure to pack their red shirt to change into after the picture.

CCHS Students are asked to wear their navy polo.

## School Sports

Parents with children playing in sports teams for the month should have received a copy of the Sports Contract last week. The sports contract outlines the commitment on the part of athletes and parents. Students who desire to participate and represent CCA on a sports team are required to abide by the rules of conduct as set forth in the contract. Details will be sent home with athletes, by email and posted to the online calendar. Questions about athletics can be directed to Mrs. Reid, the leader of athletics.

### Soccer

Junior Boys and Girls soccer tournaments will be held on Tuesday, October 10th at Beckwith Park.

Senior Boys and Girls soccer tournaments will be held on Wednesday, October 11th at Beckwith Park.

### Cross Country Running

Training for cross-country has begun. Athletes will train on Mondays and Thursdays at lunch.

### Flag Football

Sr. Coed Flag Football will take place at St. Johns Catholic High School on October 24<sup>th</sup>. Rain date October 25<sup>th</sup>.



## **Scholastic**

By now, most have received the first Scholastic flyer sent home with students from Kindergarten through to Grade 8. We want to take a moment to be sure that families recognize that not all content in the flyers is endorsed by the Academy and is subject to discretion by families. Your scholastic order helps us by raising funds for free books - thank you for ordering using our school code (found on the flyer).

## **Student Life**

This year's student life activities kicked off on September 8 with some water fun. Teachers and students had opportunities to toss some water balloons and dunk a cup of water on each other's heads. The activities concluded with a refreshing freezie. Our next activity is a fall theme and will be held on Wednesday, October 18th.

## **Terry Fox**

The Grade 8 Class did a great job organizing this year's Terry Fox Run which happened on Wednesday, September 27<sup>th</sup>. This year CCA raised \$560 for the Terry Fox Foundation. Your donation is appreciated.

## **Truth and Reconciliation Assembly**

On Friday, September 29<sup>th</sup> CCA commemorated the national Truth and Reconciliation Day, led by Mrs. Weldon and Mr. Enns, by holding an assembly highlighting the biblical perspective and importance of truth and reconciliation.



## **Volunteer Opportunities**

Volunteerism is critical to the health of our school.

Volunteerism helps keep tuition down and enables families to take an active role in the spiritual, educational, relational, emotional and physical development of their children. Each family has an obligation for 25 hours of volunteer work each year (unless you opted out by paying the extra \$625). Historically, most families gain all of their volunteer hours by helping with fundraisers, class trips or other opportunities as they come up. This year we hope to bring back the "Where's Franktown" run. We need two qualified individuals - one that has been at CCA to experience a Where's Franktown Run and another that is already connected to a running community. Both individuals should be experienced in planning events. If you are interested in this key volunteer role, please contact the office.

Other volunteer opportunities will be shared as they become available. Through email, Facebook, newsletters, and as needs arise. Classroom teachers may also email out volunteer opportunities.

Please remember that all volunteers need a vulnerable sector check and sign off on our volunteer policy before you volunteer. To keep track of your volunteer hours use the Volunteer Hours of Service form. These forms will be collected in June 2022. You can find the form on our website.

<http://calvaryca.com/wp-content/uploads/2017/05/Volunteer-Hours-of-Service-Form.pdf>

This month's volunteer opportunities are as follows. Contact the office if you would like to help in any of these areas.



### Garden Work

We are looking for 1-2 volunteers to prepare the gardens for fall. If you are familiar with gardening and would like the opportunity to help in this area please let us know.

### Deep Cleaning Team

There is always deep cleaning that needs to be done, if you would like to get your volunteer hours in after hours or on weekends - this is a perfect job for you! You will be provided with direction, supplies and a list to work away at.

### Kitchen Help - Baked Goods

Bi-Weekly commitment to send in treats for the food program.

### Where's Franktown Run - Help with lead role

### Gratitude Gala - Set up, decorate, tear down team, silent auction soliciting

### Used Uniform Team - The awesome used uniform team is looking for one or two more team members.

### **Special Thanks!**

Thank you to our amazing faculty, Board of Directors, parents and students for the part you play in making CCA and CCHS such a special place. Thank you for spreading the good word about the Academy.

Have a great month!

Blessings!









