

A GLANCE AHEAD!

NOVEMBER 2022

m I the only one that periodically questions their life? What am I doing? How am I doing? What should I be doing? Usually, I find myself thinking this way after some sort of interaction that unsettles my "norm" and leaves me with those questions. Sometimes I find myself thinking this way after I meet someone who "has it all together" and I feel like a scrambled mess after being with them. Other times, I feel like "I've got this" when I see how much some others have going on compared to me. Then, there are times when I'm between those two extremes and ask myself these questions to search my heart to figure out where I am on the spectrum of "Am I doing ok?"

When I find myself thinking this way, I turn to the Bible because of the practical, real-life guidance found within the pages of scripture. Recently I have found that sifting my thoughts through scripture's truths is helpful in knowing where to focus any effort. These three themes have emerged when thinking of life questions: Bitter, Bored and Better and I have challenged myself to use these "sieves" when questioning life to analyze my thoughts and heart helps me determine "Am I doing ok" and what needs my focus.

Bitterness - Naturally we all have problems, circumstances, and relationships that need work, that's life! One resulting feeling from these realities can be bitterness. Scripture talks about bitterness and how it's like a root and grows and causes trouble. If there are problems in our life that are growing - sift them through scripture to see if there is any root of bitterness and preserve peace by removing bitterness. The Bible has guidance for identifying and ridding our lives of bitterness.

Boredom - Have you ever gone through a day in almost a numb state? Uninterested in the people and circumstances around you? Just putting in another day. If someone asked you the highlight of the day, you wouldn't really have one. Nothing special to mention in your diary. I have fallen into this habit, but the Bible says, "Whatever your hand finds to do, do it with your might". To me, this verse means beat boredom! Be interested, be invested, look up, look around and get involved in life. You will find you are more interested and energized by life when you get more involved in it.

Better - Every circumstance in life is there to make us better. This is not a "go me" mentality, it's a growth mindset that starts by our response to what is happening around us. One time my son was chasing a wounded sea gull that was limping/running away because it obviously couldn't fly. He chased it for about a minute but then it was like a switch went off in the bird's brain, and it decided that was enough of being chased and turned on my son. That bird turned toward him and ran at full speed with all the energy and noise it could muster up! My son turned and ran away - frightened by the sudden change. This bird decided that it would no longer be the victim of circumstance, and literally changed the direction of its mindset by 180 degrees. It attacked "the problem" with gusto and changed the circumstance completely. We too can turn any situation into an opportunity for growth. With God's spirit and help we can make a 180 and we know that suffering produces endurance, endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. For while we were still weak, at the right time Christ died for the ungodly. We can have a bird-brain and attack life with qusto and make circumstance better!

If you find yourself questioning life maybe you can start by asking Am I Bitter? Am I Bored? Or, Am I getting Better?

Annual General Meeting - November 28th, 2022 7:00 -8:30 pm - Adults Only

Our Annual General Meeting is a chance for new and returning families to hear more about what happens behind the scenes at the Academy. Updates about the Board of Directors or new members would be voted on at this meeting. The meeting is about 90 minutes in length. Please come out to enjoy refreshments, a time of fellowship and worship led by the Grade 8's, as we celebrate what God is doing at CCA together. Children are not permitted at the meeting.

Auction Update

CCA's annual Christmas Auction is currently under review - items that have been donated or collected will be put to use and the price of your tickets have been incorporated into the planning budget. This event is an important event to for our budget and provides opportunity to come together and build community. It requires a large information and links about the Auction have been removed from the website. Watch for more information about an upcoming school-wide event, coming out soon.

After School Program

Our After School program continues to help families who need a later pick up time for their children on a regular basis or a one-time situation. Mme. Castro does a great job leading the program - thank you Mme. Castro! The cost is \$8 per child per day or \$15 per day per family. Please be sure to let the office in advance if you want to register for this program, or if you are going to be late and need care that day.

Assemblies - Parents are always welcome at Assemblies and Chapel

<u>Wednesday November 9th @ 2:00 pm</u> - Regular Assembly, parents invited <u>Friday, November 11th @ 10:15 am</u> - Remembrance Day Presentation, parents invited <u>Wednesday November 23rd @ 2:00 pm</u> - Regular Assembly, parents invited

Bus

If you would like to learn more about our bus route you may inquire at the office. There is still space for more riders. Families can opt to use the bus full time or part time.

If your child wishes to ride the bus home with a friend, please use a One-Time Bus Use Form to communicate this in advance, available from the office.

Cross Country Results - CCA Students

A big shout out to each and every participant in the Lanark County Track meet at Conlon Farms on October 19th. It was a perfect day for a run and we are so proud of each of you for your efforts. CCA placed second overall in the elementary schools - great job! Below are some of our athletes that placed in the top 6 of their divisions. Congratulations to each of you!

First place for Major Bantom Girls, Livia Kruszeluicki. Forth place for Minor Bantam Boys, Gavin Sanford. Third for Minor Bantam Girls, Eva Wilkins. Fourth for Minor Bantam Girls, Lydia James. Second for Atom Boys, Caleb Kruszelnicki. Fifth for Atom Boys, Emmanuel Adequile. Second for Atom Girls, Rory Macdonald. Third for Atom Girls, Hannah Sanford. Fifth for Minor Pee Wee Boys, Connor Hutt. Third for Minor PeeWee Girls, Eden Wills. First for Major Pee Wee Girls, Haavah Kruszelnicki.



Daylight Saving Time Ends

Daylight saving time ends on Sunday November 6th 2022. Remember to put your clocks back an hour.

Community Event - Hockey Game

In an effort to build community, encourage relationships and help celebrate the growth of CCA and meet each other we are inviting you to join the staff to watch the Ottawa Senators play the New York Islanders on November 14th.

The Academy has reserved off an entire section at The Canadian Tire Centre to watch the hockey game starting at 5:30. The tickets are at a reduced rate of \$35 per ticket. Please email the number of tickets you want for your family to tickets@calvaryca.com. We want to fill the section with Academy families (both elementary and high school).



Christmas Ballet - December 9th

Students in grade JK-12 will be blessed again with a Christmas ballet by Arise School of Dance called "Born in me". Arise will be performing twice so that there is plenty of space in the gym for parents to attend. Below is the times and grades for both performances, please come and enjoy the moving performance.

9:30-10:30 Grades K-3 - Parents are welcome to stay after drop off to enjoy the performance. 11:00-12:00 Grades 4-8 - Parents are welcome

Christmas Kids Shopping - December 7th.

One of our favorite activities each year is the Kids Christmas Sale where the gym is transformed into a shopping center for kids. Every child will have the opportunity to shop and wrap gifts at school. For this event to be a success, we need items to sell! We are collecting used items that would make great gift items for moms, dads, brothers and sisters. We will also need gift bags, tape and gift wrap. You can bag or box any items and send them in to be collected for the sale. Thank you, Mrs. Hunter, for your work collecting, organizing and running the sale. If you would like to help at the sale on December 7th, please let the office know.

Field Trips Update

We are working hard to provide fun and engaging activities that enrich the learning experience while facing challenges with bus driver shortages and limited bussing options. We work hard to cultivate school spirit with events each month while we work toward in-house and off-site field trips.

Fundraisers

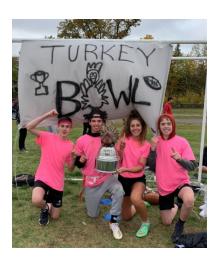
CCHS will continue selling ice cream and popsicles on Fridays for \$1.

Fire Prevention Week

Thank you to the Beckwith Fire Department for visiting CCA on October 12th to talk about the importance of Fire Prevention and give us a talk with water demonstration and tour of the fire trucks.

Turkey Bowl Football

CCHS students participated in the third annual Turkey Bowl on October 7th. The rain held off enough that day to enjoy the beautiful outdoor field provided them the opportunity to compete in team sport and determine the third annual CCHS Turkey Bowl champs - Congratulations to Team Mim on your big win! It was a fun and beautiful day for sure! Thanks to Mrs.Chapman and Mr.Bourne for organizing, coaching and cheering!



Mid- Term Report Cards

Mid-term reports will be sent home on Wednesday November 16^{th} . Mandatory Parent Teacher Interviews will happen the following week.

Lice Season

Parents are asked to routinely check their children's hair for lice. The school is to be notified whenever lice are found. In addition, head lice checks could occur periodically through the school year, particularly after summer & Christmas breaks, by trained volunteers. A student may re-enter school when the first of the required treatment has been administered according to Health Unit guidelines. More detail concerning the Head Lice policy can be found in Appendix I in the CCA Parent Handbook (found at www.calvaryca.com at bottom of the "Our School" tab).

Lunch Program

The lunch program continues everyday and provides help to families. The program is not meant to raise funds for the academy but rather, a service to families. One way to help offset costs associated with the program is by removing the costs associated with tracking and offering credits for missed days due to school activities or absences.

Operation Christmas Child - Due by November 11th

Each year CCA packs several shoe boxes with the organization Samaritans Purse, these shoebox gifts will be sent around the world and bless children who may not otherwise receive a gift like this. Each student has the opportunity to bring home a starter shoebox - we ask that you pack your shoe box with quality items. You can get some ideas or read more about this global initiative at



https://www.samaritanspurse.ca/

Photo Contest

Thank you to everyone that participated in the Fall Photo Contest! We were very impressed with the beautiful pictures you captured of the changing of the seasons! You can see all the entries on the CCA Parent-to-Parent Facebook page. The results are in and we are pleased to announce the following winners!

1st Place - Raindrops, submitted by the Grimes Family.

2nd Place - Afternoon Walk, submitted by the Moffatt Family.

3rd Place - Fall Breeze, submitted by Olivia Macdonald.

Congratulations to each winner and thank you for participating!



Parent Teacher Interviews - November 24, 25

Parent teacher interviews are mandatory and will be held on the evening of November 24th from 4-8pm and on Friday, November 25th from 9-1 pm. Interviews are 15 minutes in length. Please arrive on time and wait outside the classroom for your interview. Families will book a time slot by registering using a program called Pick-a-Time, instructions will be sent by email. Children are not permitted at the interview.

PA Day / No School Days

<u>Friday, November 25th</u> - Parent Teacher Interviews Friday, December 2nd - CCA Professional Activity Day - Curriculum Review (NO SCHOOL)

Parent Teacher Interviews - In person

Thursday, November 24th - after school (4 - 8 p.m.)

Friday, November 25th - (9 a.m. - 1:00 pm) NO CLASSES on this date.

Please note that parents are required to attend Parent Teacher Interviews. Students are NOT permitted at the interviews. Interviews are 15 minutes in length.

Pod Fall Fun

In October students in grade K-8 formed pods and enjoyed a fun outdoor activities and hot apple cider, thank you Mrs. Reid for organizing this fun event.

Remembrance Day Presentation - Friday, November 11th, 10:15am

CCA will participate in a Remembrance Day assembly hosted by one of our very own veterans on November 11^{th} followed by a moment of silence at 11 am. Every student should bring \$1 for a poppy.

Retake Day - November 18th

If you would like a re-take, or if your child was away on Photo Day please book a Re-Take with the office. Please keep in mind that the 18th is also Tropical day. Retakes will be done first thing in the morning so children can change into their spirit day (Tropical theme) clothes after their picture.

Resource

Our Resource Program provides students with the opportunity for occasional help that is course-specific or general help with assignments. The resource program provides an opportunity for students to get more one on one help than possible in a classroom setting. When you sign up for a "block" of resource it will be either one on one, once a week, or twice a week in a small group ranging from 2-4 students.

There are 2 ways to have your child enrolled in the Resource Program;

- 1 Based on a recommendation from an outside source such as a professional assessment and in communication with Mr. Bourne and Mrs. Connor.
- 2 Preference or need identified by staff or parents and communicated through Mr. Bourne and Mrs. Connor.

Families can sign up and pay for the program with their tuition payments or make one time payments as needs arise and students are added to the program.

The resource staff will also be assisting in special circumstances as deemed necessary by the teacher, such as a student who may need help or more attention with a particular assignment, supervision for a missed test or a student who has completed all their work and has moved on to something more challenging. We hope to create and foster a resource environment that is welcoming, friendly and accessible by children of all capacities. If you are interested in the remaining spots in our program please contact the office and we can begin the process.



Right Now Media

Do you find your kids want more screen time but you worry that too much isn't good for them and you find it hard to find quality content? CCA has a gift for you - we have paid for a subscription to Right Now Media, an online library of quality Christian content for all ages. Right Now Media has resources for everyone, and covers almost any subject you might be looking to learn more about. We feel so confident in the program that we pay for your subscription each month. Please use the private link below to subscribe to your FREE Right Now Media account. Please remember that we pay by the user, so please only open one account per CCA and CCHS immediate families.

https://www.rightnowmedia.org/Account/Invite/calvaryca

Scholastic Book Fair

THE TIME MACHINE - BOOK FAIR IS COMING TO CCA'S GYM....

November 23 - 25th students and parents will have the opportunity to shop at the Book Fair during class time or on Friday at Parent Teacher Interviews. Each classroom will have a "Wishlist" for parents to donate chosen books to their child's classroom! Teachers and classmates will be very grateful for new literature to choose from. How special for your child to personally deliver their class a gifted book. And remember- Christmas is only a few short weeks away!

All purchases help our school gain resources and promote literacy in our classrooms and your home. Stay tuned for more info about our Book Fair.

Spirit Days - These days are for dressing up and showing school spirit!

Wednesday, November 2 nd	Crazy Hair / Crazy Hat Day - not a dress down day
Friday, November 4 th	Lanark County Day -country, plaid, jeans, hillbilly
Wednesday, November 9 th	Comfy Clothes Day -joggers, pj's, slippers- is it comfy?
Friday, November 11 th	Regular Uniform - Bring \$1 for a Poppy
Wednesday, November 16 th	Fandamonium Day - Mr. Bourne will be sporting his LEAFS jersey!
Friday, November 18 th	Tropical Day -no swim suits allowed ☺
Wednesday, November 23	Time Travel Day - be creative - Book Fair theme

Tick Talk

As we enjoy the beauty of the day and the outdoors in the remaining weeks of fall please be sure to check your children for ticks. It's our practice to educate the kids and to have them self-check but some ticks can be very small so it's best to check again.

https://healthunit.org/media/2020-archive/ticks-and-lyme-disease-what-you-need-to-know/

Volunteer Opportunities

Family involvement and volunteerism is critical to the health of our school and we are so very thankful for each volunteer. As needs arise, we will email out volunteer opportunities and provide opportunities in each month's newsletter. If you plan to volunteer with children, you will need a vulnerable sector check from the police. Vulnerable sector checks can be completed online, with a letter of request from the organization. Please let the office know if you would like a letter of request for this volunteering purposes.

Website

We encourage each of you to keep up to date by directing you to our website. We keep our website as up to date as possible, including an events calendar, parent handbook, school forms and other important information. We also want to bring to your attention that we maintain an active online calendar to which you can subscribe for regular updates to your smart phone or tablet. When subscribed, changes to our online calendar will automatically be updated in your calendar. Our online calendar is found here;

http://calvaryca.com/open-event-calendar/

This month's volunteer opportunities are as follows:

Deep Cleaning If you are interested in joining the "Deep Clean Team" and use your volunteer hours to

deep clean the school evenings, weekends, or when it suits your schedule, please let the office know. This cleaning will include areas that are not on our regular cleaning

schedule.

Information Technology Our IT lead is looking to round out the IT team with a few more volunteers. Please let

the office know if you are interested in letting joining the team.

At-Home Help The French program is looking for one volunteer to help prepare packets for students.

This job will include cutting paper with a paper cutter on a monthly basis.

Look Ahead

November 18 Retake Day

November 25 No School - Parent Teacher Interviews

December 7th Christmas Sale - Donations and volunteers needed.

December 9th Arise School of Dance, Ballet - Parents Welcome.

December 14th Christmas Concert at Calvary Pentecostal Church, 7pm.

December 22 Last day of Class, school resumes January 9th.

Have a great month!

Tom Bourne Principal



